

Module 8. Pastimes

8A. Reading & Vocabulary

1. Translate the words. Find sentences with these words in the text at pp. 122–123, SB and translate them into Russian.

ice climbing	
sandboarding	
skydiving	
rock climbing	
snowboarding	
zorbing	
underwater hockey	

2. The sentences below are from the text “Out of the ordinary” at pp.122-123, SB. Fill in the gaps with an appropriate word.

Paraphrase the sentences.

- To my surprise, I found _____ local team and before I knew it, I was part _____ it.
- You are totally protected _____ bumps and knocks by the zorb, but you bounce _____ as if you are weightless.
- The general idea _____ sandboarding is the same _____ snowboarding.
- I moved _____ Canada a few years ago and I fell _____ love _____ ice climbing.
- Unlike water polo, where the action takes place _____ the water, underwater hockey is played _____ the bottom _____ the pool.

3. Answer the questions to the text at pp. 122–123, SB.

- In what way are sandboarding and snowboarding similar and different?
- Is zorbing dangerous? Why?
- How did Paul Lynch start ice climbing?
- What do you need for ice climbing?
- What date does underwater hockey go back to? What was the initial name?
- In what context are the following countries mentioned: Canada, Germany, New Zealand and Britain?

4. Agree or disagree with the statement: “Hobbies Let You Turn Free Time into Fun Time, Reduce Stress and Live Longer!” Visit <http://www.hobbies-and-pastimes.com/> and read the introductory article. Underline the new words. Share the words with your deskmate. Work in pairs and translate/explain the new words.

5. Answer the questions to the text “Hobbies Let You Turn Free Time into Fun Time, Reduce Stress and Live Longer!”

- What are the key questions you may ask yourself to find out the perfect free time activity for you (according to the text)?
- How can pastime activities influence your lifestyle?
- Which of the pastime activities on the site would you like to do? Why?
- How can they make your free time more exciting and interesting?
- What groups of hobbies are offered/described on the site?

Text from the site <http://www.hobbies-and-pastimes.com/>

Hobbies Let You Turn Free Time into Fun Time, Reduce Stress and Live Longer!

Yes, that's right! Hobbies have been shown over and over again to reduce stress levels which as we hear in the news every day causes heart disease and other health problems. Not to mention the problem of deteriorating mental health. Having nothing to do with empty time adds to depression and lack of self worth and all the variations of this problem. Keeping busy can help!

Sounds too good to be true! Find relaxing free time activities and live longer, can it get better than that? I don't think so! On top of that some of these activities can be turned into a little extra cash. I know what a little extra money does for my mental health!

So, how do we find that perfect free time activity? You might ask. Well, when I look for activities to fill my spare time, I ask myself the following questions:

- Is this something I see myself doing? Does it fit with the other kinds of things I like to do?
- How does it fit the time I have available? Will I be able to spend enough time on the new activity to make it rewarding in some way?
- What is my budget situation? Some pastimes are low cost to start and low cost to keep going. Some are cheap to start but expensive to keep doing. And yet others are expensive to start and costly to maintain. How does my situation fit?
- Do I want to sell my creations? Is this an activity that makes a saleable product?
- Do I have any unique skills or interests that make one hobby preferable over another? Or, do I really want something completely new and different?

The other thing to remember is that you don't have to stop with only one. For example, right now my free time activities are:

- Stained glass
- Metal crafting
- Copper electroforming
- Woodworking
- Growing succulents
- Making jewelry
- Jigsaw puzzles
- Repairing antique clocks
- Soapmaking
- Fish keeping
- And, in my spare free time I travel in an RV.

I guess my point is that you don't have to pick only one. It really is ok to be a hobby junkie! Be adventurous and look for several that interest you and then try them all!

This Hobbies and Pastimes encyclopedia is here for your use and enjoyment and to bring you information that will help you find a new pastime or to start your very first one. While I have first hand experience with many of the activities listed, not all. So, if I don't get something quite right please let me know in kind words so I can improve.

So now, please begin exploring the wonderful world of hobbies. Check back often as I am always adding new content.

8B. Listening and speaking

1. Look at the wordlist at p. 124, SB and group them:

Sports you don't know	Sports you know	Sports you like to watch/do

2. You have discussed the favourite sport with your partner. Now change over with the partners and tell your new partner about the favourite sport of your previous partner. Don't forget to use the phrases from ex. 5, p.124, SB.

3. Read the sentences and correct the mistakes.

- Would you to like to...?
- I was wondering if are you free...?
- Are you doing something after school, John?
- I love to, but I don't have my racquet with me.
- I can to lend you my trainers.
- Are you fancy coming along?

4. Are there any sport clubs in your school? What are they? Which of them do you do? Invite your deskmate to any of the clubs you like in your school. Use expressions from ex. 7, p. 125, SB.

8C. Grammar in Use

1. Complete the sentences using the words and phrases from the frame.

can't	am	was	goes	were
go				

- If I _____ not busy, I'll visit her.
- If he _____ attentive, he wouldn't break things.
- If she _____ slimmer, she would be much more attractive.
- If a fire starts, the alarm system _____ off.
- If the weather improves, I _____ for a walk.
- If you don't give me more time, I _____ complete the test.

2. Complete the sentences using the words. Explain the difference between the following sentences.

1. If/busy/am/not/I/, I/come/stay/will/with/and/you.	2. I/busy/If/wasn't/, and/stay/come/with/I'd/you.
3. have/If/you/time/free/, sandboarding/will/you/go.	4. had/If/free/you/time/, would/you/sandboarding/go.
5. If/questions/the/easy/are,/will/ the/everyone/test/pass.	6. If/questions/were/the/easy,/test/would/pass/ everyone/the.

3. Make Third Conditional sentences for each of the situations.

- I didn't have enough time. I didn't go zorbing.
- I wasn't interested in the film. I didn't go to the movie theatre.
- You didn't run fast. You didn't come first.
- You didn't know the answer. I made a mistake.
- He didn't have trainers. He didn't play football.

4. Write a new sentence using *unless*.

- You must train much harder or you won't win the match.
- _____
- Listen carefully or you will not get the information.
- _____
- Mark must apologize to the teacher or he will never pass the exam.
- _____
- Mr Brown has to speak very slowly or students won't be able to understand him.
- _____
- I am going to the ice hockey club only if you go too.
- _____

5. Think of a situation that has changed your/your friend's life. Write a story/several sentences starting with the following words:

I often wonder how my/ my friend's life would have been different if on that day

6. Think of any 5–7 situations in your everyday life, which could develop in a different way (even answering the question: What would have been if you had missed the bus?). Use conditionals of all types and tell your partner.

8D. Vocabulary and Speaking

1. Write sentences with *both...and.../neither...nor.../either...or...*

- Kate was happy. So was Ted.
- _____.
- Ann didn't pass the test and Luke didn't pass the test.
- _____.
- Is that student's name Kate? Or is it Christie? It is one of the two.
- _____.
- I haven't got time for ice climbing. And I haven't got the money.
- _____.
- We will have the test tomorrow. Or the day after tomorrow – whichever the teacher prefers.
- _____.

2. Study the table of idioms at

<http://www.englishclub.com/vocabulary/idioms-sports.htm>. Choose 7 idioms you like best, copy them out, translate and make up sentences with them. Ask your deskmate to explain the sentences.

8F. English in Use

1. Choose the correct synonym of the phrasal verb beginning with "take".

1. Jack took away the plates and brought us the second course.
 - a. removed
 - b. brought
 - c. broke

2. Let me take you around the office.
 - a. fool
 - b. show
 - c. exit
3. He took his Christmas present back to Macy's.
 - a. exchanged
 - b. gave
 - c. returned
4. I can't believe how easy it is to take him in!
 - a. deceive
 - b. convince
 - c. catch
5. He's really starting to take to Sheila.
 - a. date
 - b. like
 - c. visit
6. I think I'll take up golf this year.
 - a. begin a new activity
 - b. pick up
 - c. continue doing

2. Match the following words to make compound adjectives.

Translate them and make up sentences with some them. Ask your groupmates to translate some of the sentences from Russian into English.

1. thick	a. aged
2. good	b. famous
3. world	c. made

4. self	d. humoured
5. left	e. skinned
6. middle	f. handed
7. strong	g. tempered
8. hot	h. nosed
9. hard	i. minded
10. blue	j. eyed
11. cool	k. willed
12. fair	l. headed

Keys. Module 8

8A.

1.

ice climbing	ледолазание
sandboarding	катание на доске по песку
skydiving	затяжные прыжки с парашютом
rock climbing	скалолазание
snowboarding	катание на специальной доске по снегу
zorbing	катание внутри прозрачного двухслойного шара
underwater hockey	подводный хоккей

2.

- To my surprise, I found a local team and before I knew it, I was part of it.
- You are totally protected from bumps and knocks by the zorb, but you bounce around as if you are weightless.
- The general idea of sandboarding is the same as snowboarding.
- I moved to Canada a few years ago and I fell in love with ice climbing.
- Unlike water polo, where the action takes place above the water, underwater hockey is played at the bottom of the pool.

3.

- They are similar in the way people strap aboard to their feet and slide down a sandy hill in sandboarding and snowy hill in case of snowboarding.

- It's not dangerous as you are totally protected from bumps and knocks by the zorb.
- His parents took him skiing to the Alps when he was a child.
- You need a lot of equipment such as helmet, rope and boots for ice climbing.
- It goes back to 1954 and it was originally called Octopush.
- Canada is mentioned as the country of Paul's residence. Germany – as the place of the International Sandboarding Championships. New Zealand is the country where zorbing originated. Britain – as the place of origin for underwater hockey.

5.

- You may ask yourself the following questions:
 - *Is this something I see myself doing? Does it fit with the other kinds of things I like to do?*
 - *How does it fit the time I have available? Will I be able to spend enough time on the new activity to make it rewarding in some way?*
 - *What is my budget situation? Some pastimes are low cost to start and low cost to keep going. Some are cheap to start but expensive to keep doing. And yet others are expensive to start and costly to maintain. How does my situation fit?*
 - *Do I want to sell my creations? Is this an activity that makes a saleable product?*
 - *Do I have any unique skills or interests that make one hobby preferable over another? Or, do I really want something completely new and different?*
- Hobbies have been shown over and over again to reduce stress levels.
- They are: crafts, collecting hobbies, computer hobbies, kids'

hobbies, money-making hobbies, pastimes, home and garden hobbies, guy hobbies, science hobbies, and RC Radio Control hobbies.

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8B.

3.

- Would you like to...?
- I was wondering if you are free...?
- Are you doing anything after school, John?
- I'd love to, but I don't have my racquet with me.
- I can lend you my trainers.
- Do you fancy coming along?

8C.

1.

- If I am not busy, I'll visit her.
- If he was attentive, he wouldn't break things.
- If she were slimmer, she would be much more attractive.
- If a fire starts, the alarm system goes off.
- If the weather improves, I go for a walk.
- If you don't give me more time, I can't complete the test.

2.

1. If I am not busy, I will come and stay with you.	2. If I wasn't busy, I'd come and stay with you.
3. If you have free time, you will go sandboarding.	4. If you had free time, you would go sandboarding.
5. If the questions are easy, everyone will pass the test.	6. If the questions were easy, everyone would pass the test.

3. Make Third Conditional sentences for each of the situations.

- If I had had time, I would have gone zorbing.
- If I had been interested in the film, I would go to the movie theatre.
- If you had run fast, you would have won.

- If you had known the answer, you wouldn't have made a mistake.
- If he had had trainers, he would have played football.

4.

- You won't win the match unless you train much harder.
- You will not get the information unless you listen carefully.
- Mark will never pass the exam unless apologizes to the teacher.
- Students won't be able to understand Mr Brown unless he speaks very slowly.
- I am not going to the ice hockey club unless you go too.

8D.

1.

- Both Kate and Ted were happy.
- Neither Ann or Luke passed the test.
- That student's name is either Kate or Christie.
- I have got neither time nor the money for ice climbing.
- We will have the test either tomorrow or the day after tomorrow.

8F.

1.

1.

a. removed

2.

b. show

3.

c. returned

4.

a. deceive

5.

a. date

6.

a. begin a new activity

2.

1. e
2. d
3. b
4. c
5. f
6. a
7. k
8. g
9. h
10. j
11. l
12. i